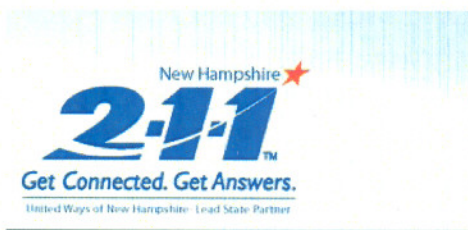


A HEALTHY HOME IS A HEALTHY FAMILY

Know Where To Get The Help You Need



GET CONNECTED. GET ANSWERS.
Finding health & human services available to you

Dial 2-1-1

www.211nh.org



UNIVERSITY of NEW HAMPSHIRE
COOPERATIVE EXTENSION

INSECTS OR RODENTS?

1-877-EXT-GROW
(1-877-398-4769)

www.extension.unh.edu



INJURIES AT HOME, AT PLAY AND ON THE WAY

Injury Prevention Center 1-877-783-0432

www.safekids.org



BREATHING PROBLEMS?

1-800-835-8647

www.breathenh.org



RADON, MOLD & DRINKING WATER QUESTIONS

Radon 1-603-271-6845 www.des.nh.gov

Water 1-603-271-7061 www.des.nh.gov

Mold 1-800-438-4318 www.epa.gov/mold/index.html



New Hampshire Legal Aid

Legal Information,
Referrals and
Pro Se Assistance

NEED HELP WITH A LEGAL ISSUE?

Legal Advice & Referral Center 1-800-639-5290

New Hampshire Legal Assistance 1-800-921-1115

The Disabilities Rights Center 1-603-228-0432

www.nhlegalaid.org/

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Know Where To Get The Help You Need



New Hampshire

HEALTHY HOMES

& Lead Poisoning Prevention Program



CONCERNS WITH LEAD POISONING?

1-800-897-LEAD

(1-800-897-5323)

www.dhhs.nh.gov/DHHS/CLPPP/default.htm

Lead Grant, Weatherization, WIC,
Fuel Assistance, & Head Start

1-800-856-5525

www.bm-cap.org/

CARBON MONOXIDE *The Silent Killer*

NH Carbon Monoxide Work Group

www.nh.gov/co

Northern New England Poison Center

1-800-222-1222

SMOKERS HELPLINE

English 1-800-Try-To-Stop
(1-800-879-8678)

Spanish 1-800-8DEJALO
(1-800-833-5256)

www.trytostopnh.org

POISON QUESTIONS?

Northern New England Poison Center

1-800-222-1222

NH Arson Hotline

1-800-400-3526

FireSafety.gov

www.firesafety.gov